

Mountain Biking Etiquette |

Policies & Procedures

Last Updated: April 8, 2025

Mountain biking is an exhilarating way to connect with nature. To ensure a safe and enjoyable experience for everyone, it's important to follow proper trail etiquette. Begin each ride with a short dua (prayer), and keep the following procedures in mind:

1. Arrive on time and prepared with proper helmet, shoes, bug spray (if required) and other safety gear. Ensure your bike is tuned and ready the night before.
2. Yield to pedestrians at all times. When approaching hikers, slow down, announce your presence and the number of riders behind you, and pass with care. Cyclists descending should always yield to those climbing uphill.
3. Stay on designated trails and follow your ride captain. Ride only on marked mountain bike trails. Avoid creating shortcuts or modifying the trail, as this can lead to environmental degradation and conflicts with land managers.
4. Leave no trace and carry out all trash, including energy bar wrappers and water bottles.
5. Stay in control and put safety first. Maintain a speed that allows you to react to unexpected obstacles or other trail users. Inattention, even for a moment, can put you and others at risk.
6. Ride within your ability. The trails are designed for all skill levels from beginner to expert with options ranging from green (easy) and blue (intermediate) to black diamond (advanced) and double black diamond (expert). Trails may include a variety of features such as sandy sections, smooth dirt, structures, logs, jumps, crushed gravel, hills, open fields, twisty paths, and tree roots. Only attempt features you feel confident riding. If you're not comfortable with a feature, it's perfectly okay to avoid it even if that means walking your bike through certain sections.
7. Announce Your Presence. When approaching others, especially from behind, signal your presence with a friendly greeting or bell. This is particularly important near blind corners to prevent surprises.
8. Respect Wildlife and the Environment. Avoid disturbing animals, plants and the natural environment in general.
9. During larger group rides, use the tag system to ensure no one gets lost. The last rider in each subgroup should wait at trail intersections to guide the next group. If you become separated or lost, contact your ride captain and move to a visible or easily accessible location so you can be found more quickly.

10. Be Prepared by carrying necessary supplies, including water, tools, bug spray and first-aid/tick kits. Ensure your equipment is in good repair and appropriate for the trail conditions.
11. Always respect trail closures and private property boundaries. Stay off closed trails and do not trespass.

Review and Approval

1. This policy is reviewed annually.
2. This policy was approved by the Jaffari Cycling Club Executive
 - a) This policy went into effect on April 8, 2025

For more information please contact:

Jaffari Cycling Club
info@jaffaricycling.com